

Overview of the Supporting Families LifeCourse Framework





**ALL People** 



Life Stages and Trajectory



Family Systems and Cycles



Individual and Family Supports



Life Outcomes



Integrated Delivery of Supports



Life Domains



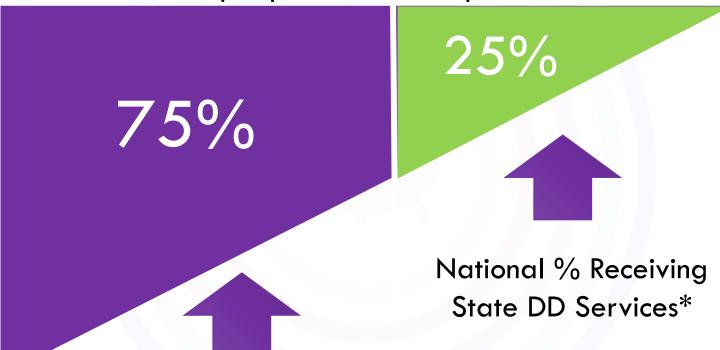
Policy & Systems





### **National Data**

All 4.9 Million people with developmental disabilities



- Unaware of disability specific services
- Do not want disability specific services
- Have a diagnosis but don't meet
   "eligibility criteria" in state system

\*Based on Braddock et al, (2015) State of States in I/DD



### Individuals with DD in Hawaii

22,143 estimated people with developmental disabilities in Hawaii\*

86%

Not Known to DDD System

13%

Receiving HCBS
I/DD Medicaid
Waiver Services

0.4%

LASR or CM only

0.3%

ICF/ID

Hawaii Specific Data

ICF/ID: 79

LASR/Case Management Only: 84

HCBS I/DD Waiver Services: 2,789

\*Based on 1.55% prevalence rate (Based on Braddock et al, 2015, State of States in I/DD) with HI population of 1,428,557 citizens (US Census Bureau, Population Division, 2016)





Family Systems and Cycles

### Individual and Family Life Cycles

#### Individual Life Cycle









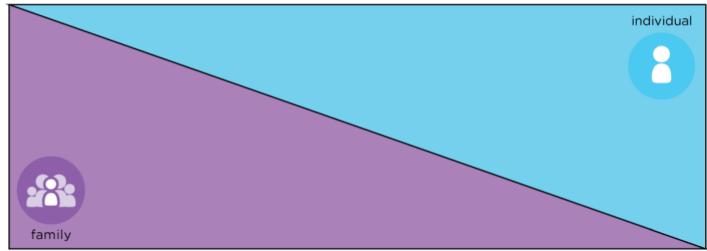








Early child ---- School



Single Adult --- New Couple -----

Couple with Children ------ Launching Children ----- Family Later in Life ------









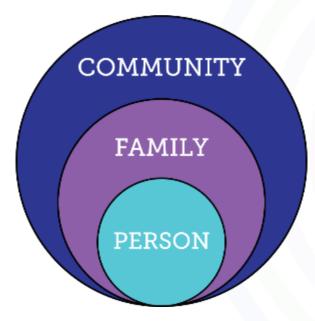






Family Life Cycle

### Services and Supports are Evolving



Everyone exists within the context of family and community



Traditional
Disability Services



Integrated Services and Supports within context of person, family and community



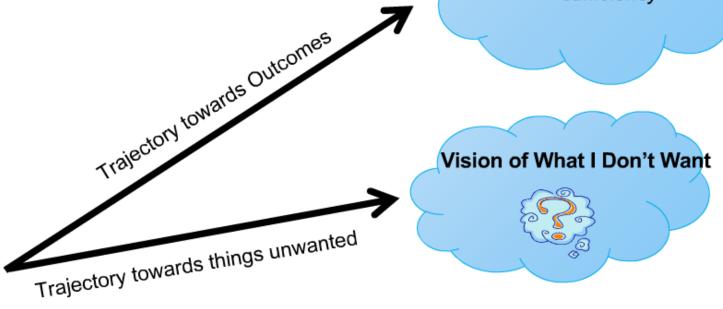


Life Outcomes



Trajectory towards
Life Outcomes

Friends, family, self-determination, community living, social capital and economic sufficiency



Both in practice with individuals and in policy changes for systems





Life Domains



### Life Domains



What a person does as part of everyday life:

- School
- Volunteering
- **Routines**
- Life skills



Healthy Living

Managing and accessing health care & staying well:

- Medical
- Mental health
- Behavioral health
- Wellness and nutrition



Community Living

Where and how someone lives:

- Housing and living options
- Community access
- Transportation
- Home adaptations



Safety & Security

Staying safe and secure:

- **Emergencies**
- Guardianship options and alternatives
- Legal rights and issues



Social & Spirituality

- Social networks and natural supports:
- Friendships & relationships
- Leisure activities
- Social valued roles
- Faith community

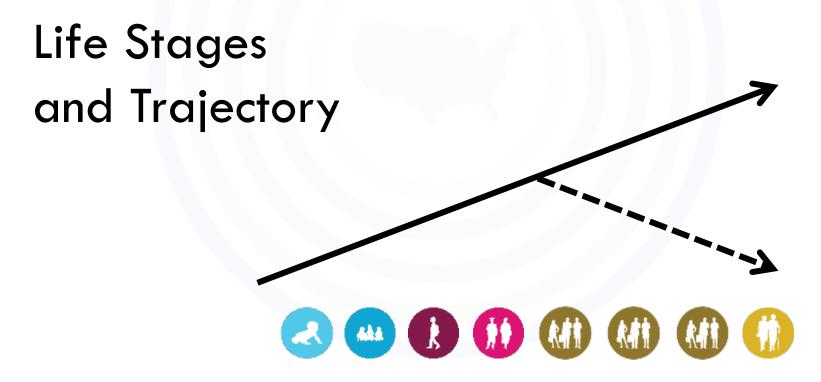


Citizenship &

Advocacy

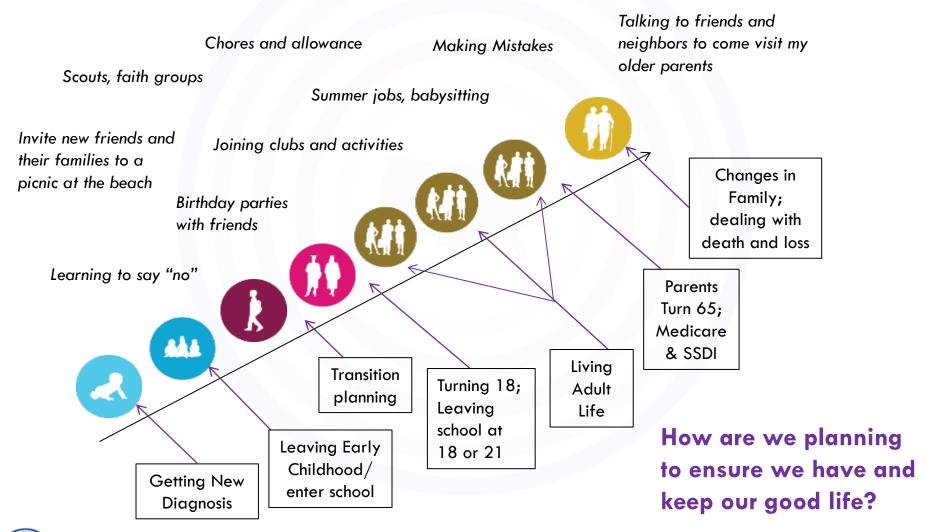
Having choice and selfdetermination:

- Setting goals
- Taking responsibility
- Having voice heard
- Voting & civic engagement





## Focusing on Life Experiences and Life Transitions







Individual and Family Supports

### "Buckets of Support"



#### Discovery and Navigation

- \* Information
- \* Education
- \* Skill building and training

#### Connecting and Networking

Peer support

#### Goods and Services

- ⋆ Daily living
- \* Financial support

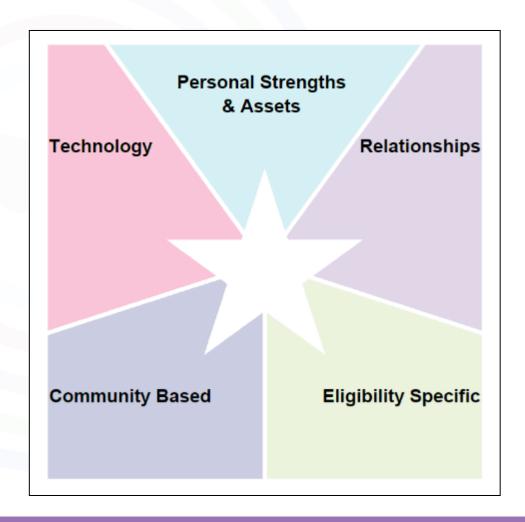




Integrated
Delivery of
Supports

### Integrated Supports Star

- Helps to reframe the conversation about natural supports
  - Are we looking at all the types of supports that may be available?
  - Are we leveraging our resources effectively?
  - \* Do we really know what types of supports are needed?



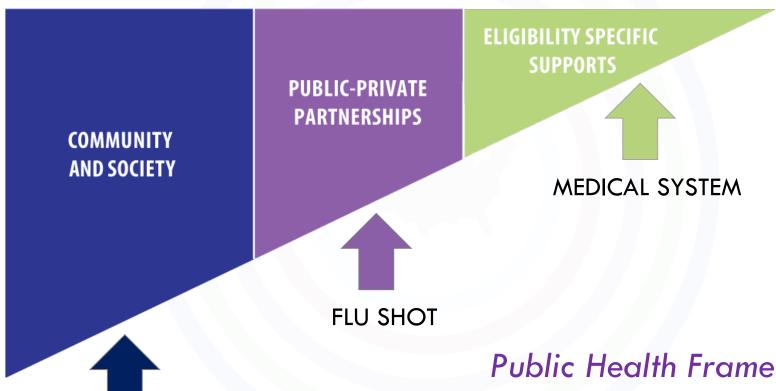




Policy & Systems

### LifeCourse Universal Strategy

Using the ALL to create strategies for change



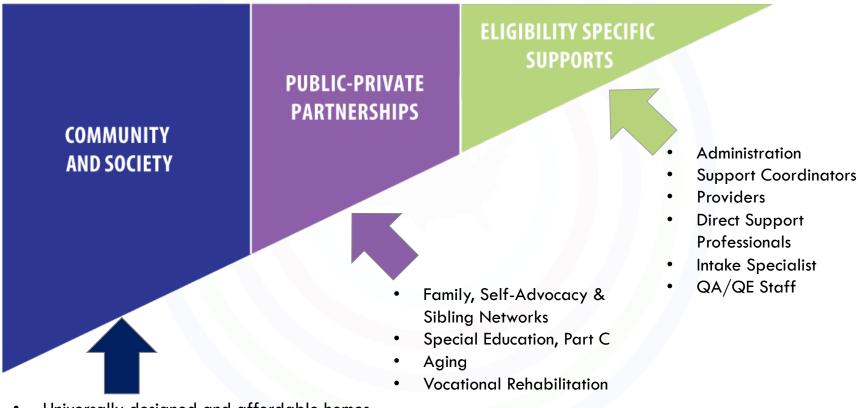
HAND WASHING ANTI-BACTERIAL SOAP

Public Health Framework for Transformational Change



### LifeCourse Universal Strategy

#### **Applying the Framework to Transformational Change**



- Universally designed and affordable homes
- Grocery carts for older kids
- EMT and Police knowledgeable and supportive
- Strong families and friends to share lives with
- Inclusive, accepting spiritual and recreational opportunities

#### Comprehensive, Integrated & Coordinated Systems Across Life Domains & Stages

Pediatrician, Families and Friends, Faith based

IDEA Part C, Parents as Teachers, Health, Headstart

School, Special Education, Health, Recreation

Vocational Rehab, Health, Employment, College, Military

Disability Services, Health, Housing, College, Careers

Retirement, Aging System, Health





### Person Centered Approaches **MUST** Include Supporting Families

The journey begins and continues across the Lifespan- for the family and the individual!

#### What We Want in Hawaii

Families in Hawaii are supported to build strong foundations for a good life for their family members.



Systems create or maintain barriers to a good life for individuals and families.





















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