

The Many Parts of Transition

It's never too early to begin thinking about and planning for when your child turns 18.

Start Now

Transition Booklet

- Download the Footsteps to Transition Workbooks at www.footstepstotransition.weebly.com.
- Find local and national booklets and toolkits and select the one that's right for your family.



Elementary

Financial Literacy & Allowance

- Agree on simple household chores and provide an allowance that allows your child to save.
- Increase responsibilities as your child develops, to add new skills and build confidence.



Elementary

Job Exploration and Interests

- Explore career fields; if your child likes animals, discuss all the different kinds of jobs in that field.
- Sign up for classes and workshops. If they are still interested, keep going. If not, try a new path.



Age 14+

Diploma or Certificate Track

- Start talking to your middle school IEP team about your child earning a high school diploma or a certificate of completion.
- Consider what life skills, work skills, and social skills your child will need after high school.



Age 14+

Open an ABLÉ Savings Account

- Visit www.hawaiiablsavings.com to see if your child is eligible to open an ABLÉ savings account.
- ABLÉ accounts allow your child to save for their future without affecting government benefits like Medicaid & Social Security (within limits).



Age 14+

DVR & Job Training Skills

- Beginning at age 14, talk with your IEP team about Pre-Employment Transition Skills (Pre-ETS) like workplace readiness, job and college exploration, self-advocacy and more.
- Invite a DVR counselor to your next IEP meeting.



To learn more about the many parts of transition to adult life, visit [Hawaii Division of Vocational Rehabilitation ABLÉ for All SPIN Infographics](#)

SPIN Newsletter
March 2022



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There are many facets to transition and every student will need their own plan for success!

Age 17+

Age of Majority with the DOE

- Visit the Footsteps to Transition website to learn what to do when your child turns 18.
- The options are: self-representation, guardianship, a POA for SpEd or an Educational Representative.



Age 18

Citizenship

- When your child turns 18, they can register to vote and apply for a state ID card.
- All males over 18 must register with the Selective Service System.



Age 18+

Insurance Providers

- Your child can stay on your personal/private health insurance until the age of 26.
- If your child receives Quest/Medicaid, they will need to apply for adult Quest/Medicaid by age 19.



Age 18+

Pediatric to Adult Doctors

- Pediatric doctors or specialists will start transitioning patients to adult care providers after they turn 18.
- Watch a workshop on healthcare transitions on the [Footsteps to Transition](#) website.



Age 18+

Apply for College & Supports

- Apply for a 4-year or community college by the spring of the year your child will exit high school.
- Once accepted, contact the Disability Services Office on campus.
- Watch a [video](#) about post-secondary supports.



Age 18+

Apply for Other Programs

- Look for adult services and programs to support your young adult (DDD, DVR, employment, housing).
- When your child turns 18, they can apply for Social Security as an adult.



To learn more about the many parts of transition to adult life, visit FootstepstoTransition.weebly.com, SPINConference.org, or PACER.org/transition

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