Learn the Signs of Bullying

Research has shown that students with disabilities are 2-3 times more likely than their peers to experience bullying while in school. Learn the signs, so that you can help prevent or stop the harm caused by bullying.

Signs of a Child Who Is Being Bullied

- lost or destroyed items (books, electronics, jewelry, clothing, etc.);
- changes in eating or sleeping habits;
- declining grades
- not wanting to go to school
- unexplained injuries
- frequent stomach aches or headaches
- attempts to run away or harm himself/herself

#HATE

#BULLY

Elements of Bullying

- Aggression
- Imbalance of power
- Repetition

3 Types of Bullying



Physical



Verbal



Social

Signs of a Child Who Bullies Others

- gets into physical or verbal fights
- gets in trouble at school
- has unexplained money or new belongings
- has friends who are bullies
- blames others for his/her problems
- worries about popularity



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Resources: CDC Bullying Fact Sheet, Stop Bullying.gov website, Cyberbullying Research Center parent pages